

Influence of Personality Factors on the Athlete's Decision to Study

Mateja Gorenc

International School for Social and Business Studies, Slovenia
mateja.gorenc@gmail.com

Mojca Braz

Faculty of Business and Commercial Sciences, Slovenia
braz.mm@gmail.com

Abstract

Higher education institutions (colleges and higher schools) need to be aware that they must adjust their studies to athletes, as this will increase their level of education. Athletes are more employable after the completion of their sports careers if they have a formal education. In this paper, we discuss personality factors that influence an athlete's decision to study. The research found that the athlete's decision to study is influenced by two personality factors: interest and motivation. Moreover, we have found that the athlete's decision to study based on the possibility of attending training in the proximity of an educational institution is influenced by the following personality factors: extroversion, openness, and knowledge. The proximity of the place of training to the place of study influences the greater success in passing the exams, due to the time that the respondents used for studying instead of transportation.

Keywords: personality factors, career in sports, student athlete, study performance, student status, distance learning