

Dilemma of Top Athletes in Choosing Their Studies

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Abstract

The advantage of obtaining an education during an active sports career or soon after the completion of the sports career contributes to a greater employability of the athlete after the completed sports career. The purpose of the research was to determine whether satisfaction with the choice of studies affects study performance and whether performance in sport affects the athlete's study performance. We found from the research that if a top athlete is satisfied with the choice of studies, the study performance (linear, positive and high correlation) will consequently increase. We also found that if the performance in sports increases, this results in the decrease in the study performance (linear, negative, and low correlation).

Keywords: satisfaction with the choice of studies, student athlete, studies, study performance, sports performance